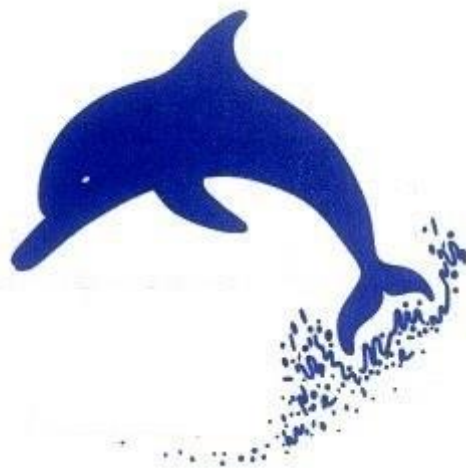




7/3/25

Headteacher Message





Dear Parents and Carers,

What a difference the weather makes to our wellbeing! The staff and children have been so happy this week, the sunshine really does help us all. I have seen several classes going out and about in the local community, and I have seen lots of wonderful outdoor learning activities around the school. Heron class have particularly enjoyed the extended play area off their classroom.

This week the staff and children dressed up for world book day and you will see from the photographs below it really was lots of fun! Even the kitchen team joined in with the fancy dress costumes. That is what makes our school so brilliant, we all work hard but we also all love coming together for a bit of fun.

Looking ahead to next week

- Don't forget on Tuesday we have the nurse coming in for an informal coffee morning and chat. She will be able to have 1-1 chats and offer help on managing your child's sleep, toileting, puberty and much more. Please do come along. It takes a lot of time to arrange additional events for parents and sadly at our last parent workshop not one parent turned up!
- Next Friday you are also warmly invited in to your child's class for some science fun.

Please see further down for details of both events.

I hope you all have a wonderful weekend in the sunshine.

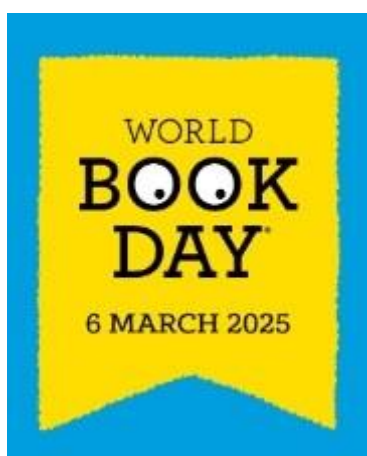
Best wishes, Jane



1 - The impact of smart phones on your child

There is a growing concern on how excessive use of smartphones can affect our children. In addition to the effects of seeing inappropriate content online, the risk of cyberbullying and grooming, it is important that we also highlight the effects of smartphone use on our children's mental health. If your child is using a smart phone then please try to ensure they maintain a healthy screentime limit. According to King's College London, "two new studies of smart phone habits in teenagers have identified links between problematic smartphone use and depression, anxiety and insomnia." You can read more about these studies here: <https://www.kcl.ac.uk/news/teens-with-problematic-smartphone-use-are-twice-as-likely-to-have-anxiety-and-many-are-eager-to-cut-down> Compass have published an article as well on what effects mobile phones have on children here: <https://www.compass-uk.org/services/compass-changing-lives/what-effects-do-mobile-phones-have-on-children-and-young-peoples-mental-health/>

Education Update (by DHT/ AHTS)



2 - Reading - World Book Day

Pupils this week have taken part in lots of lovely reading activities. At Stone Bay we work to find innovative and fun ways to do this to ensure that every pupil can access and enjoy books in some way. Staff have been trained in programmes such as Story Massage, Imagining Autism and the use of Bag Books to really bring reading materials to life. On Thursday we celebrated World Book Day with lots of pupils and staff dressing up and having fun as their favourite character and bringing in their favourite book to share with their class group.





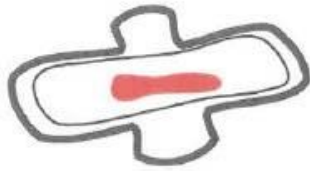






Signs of the week





period



Right hand bleeds on left hand at vagina level

period

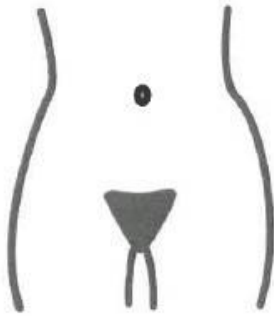


penis

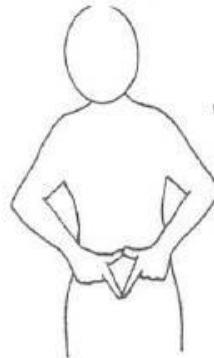


Right index finger pointing slightly forward

Penis



vagina



Hands are in contact with body

vagina

Spotlight on Starling Class



This term our topic is My World of Work.

We are reading the book Izzy Gizmo by Pip Jones.

We are developing our rights by expressing our views and wishes by completing student well-being surveys.

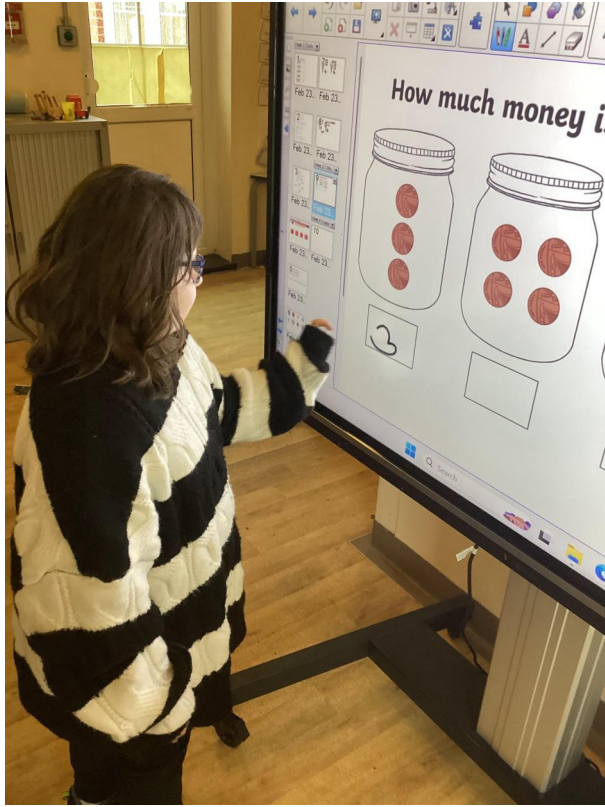
We are being healthy by getting outside in the sunshine and moving our bodies.

The best thing about being in our class is learning life skills like making pancakes!

Next term we are learning about dinosaurs and cavemen.

Have a lovely weekend from Starling Class!









Star of the week



STONE BAY STAR
CONGRATULATIONS TO

07/03/2022 5	Parakeet	Thor	For showing great self regulation this week.
	Kingfisher	Honour	For good work in maths this week.
	Heron	Arabella	For some amazing counting this week.
	Woodpecker	Phoenix	For engagement in learning and extended learning.
	Chaffinch	Reggie	For excellent progress in his toileting
	Crow	Forest	For fantatsic participation in physical activities.
	Kestrel	Oscar	For expressing his emotions appropriately
	Starling	Scarlette	For good listening and participating at Forest School.
	Falcon	Damola	For fantastic engagement in class.
	Owl	Leyton	For working in his personal care skills
	Red Kite	Harry	For being very helpful to other pupils in class.
	Seagull	Ruby and Teagan	Ruby for trying hard with her phonics sounds Teagan for designing an amazing plant pot
	Robin	Daniel	For persistence during his swimming session
	Magpie	Lawrence	For increased independence and good listening
	Wagtail	Harry L	Excellent listening during transitions
	Yorkgate	Leo	Good participation in activities this week.
Kingsgate	Will	For being so good at his medical appointment	


Stone Bay families

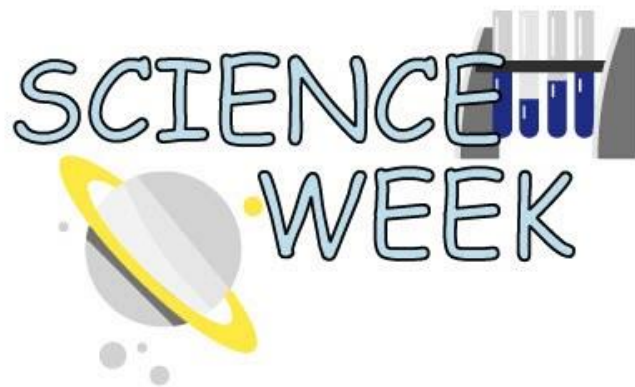


**Parent/Carer
Workshop
Toileting, Sleep &
Puberty Support**

**Tuesday 11th March
9:15
Lead by the NHS Nursing
Team**

STONE BAY
SCHOOL





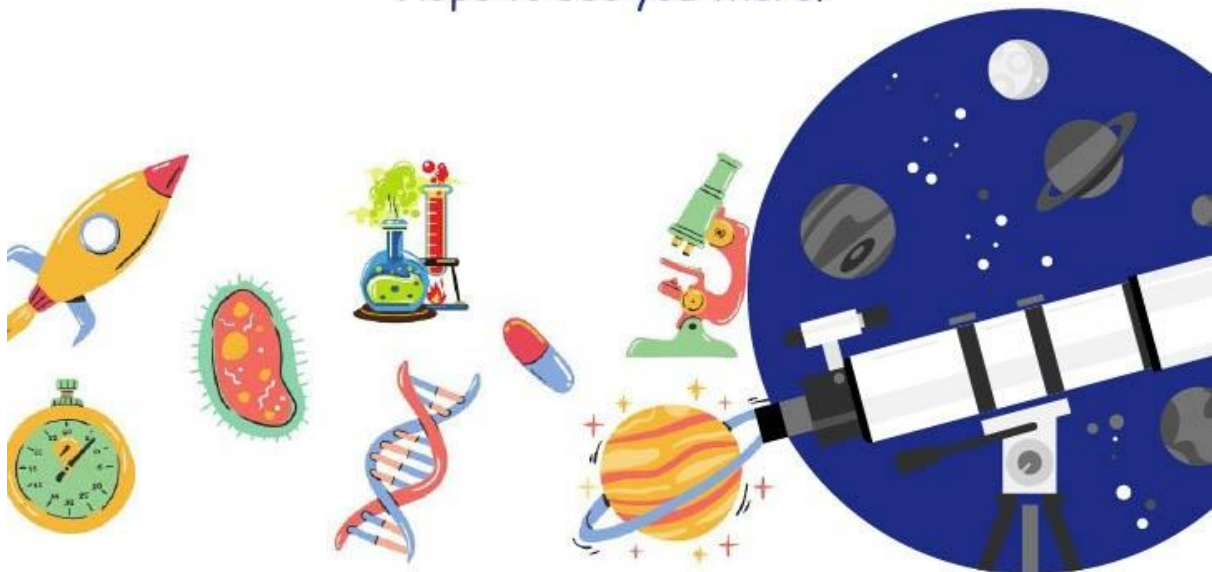
Stone Bay is celebrating science week 10th-
14th March!

We would like to invite parents/carers in to
take part in a science activity in your child's
class.

14th March 2pm

This will be followed by an exciting rocket
launch in the main garden.

Hope to see you there!





16+ Event

Tickets are available for purchase at [Special Events Tunbridge Wells — The Manor House](https://www.the-manor-house.com) . To maintain the privacy of the event, you will need a password to purchase tickets. **The password is: eastergg.**

Parents and carers are welcome to relax and mingle in the upstairs bar while the young people enjoy the festivities downstairs.



<https://www.kentbigweekend.co.uk>

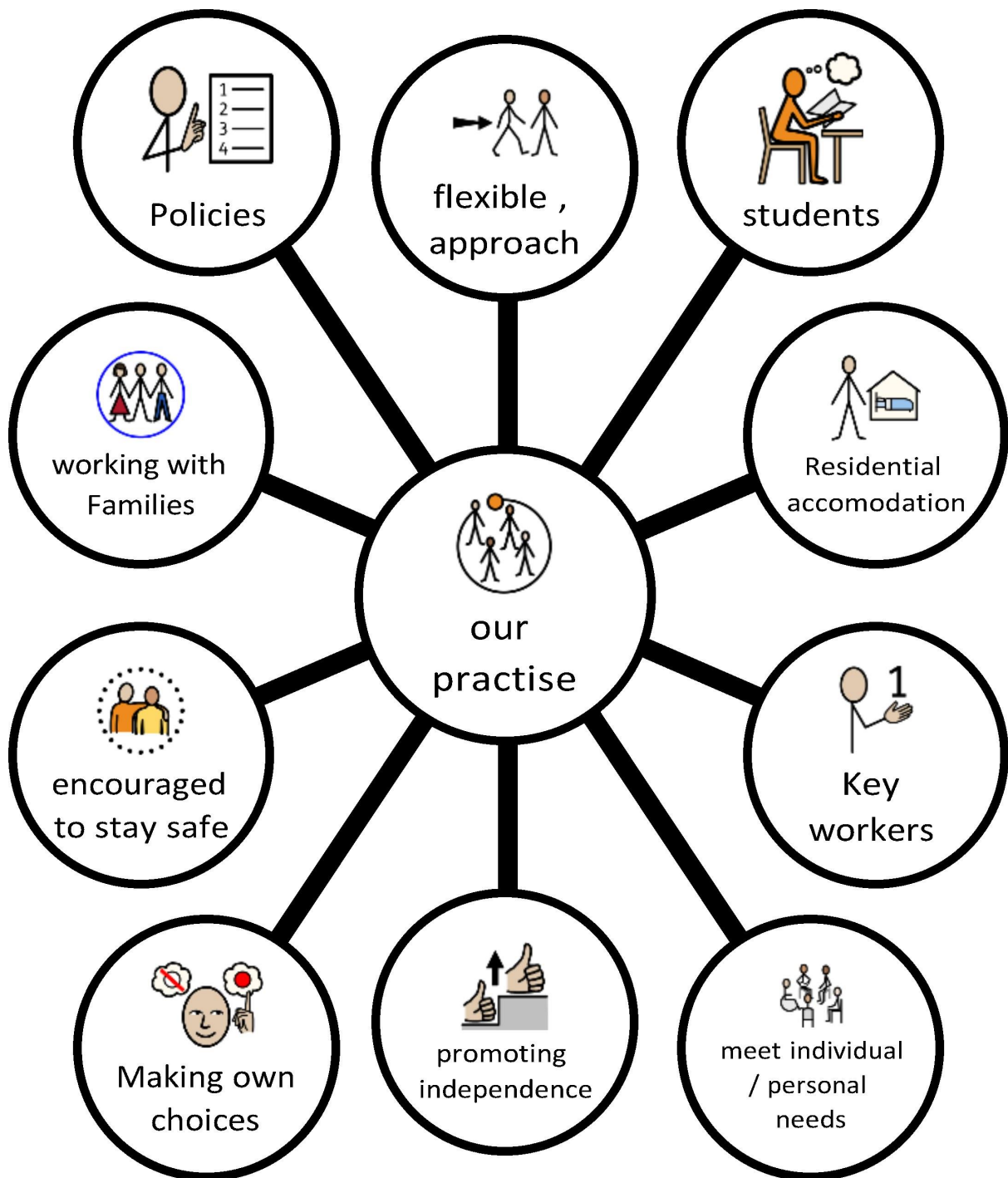
Our Residential Provision



We are evolving excellence by exceeding the National Minimum Standards for Residential Special Schools. Each week we will show you how we are doing!

This weeks Standard is Standard 1: "A statement of the school's principles and practice to be known as the 'Statement of Purpose' is promoted through the school and made available to parents and carers".

Please see the link to our website where you can see our [STATEMENT OF PURPOSE](#). It has lots of photos and information.



This week the residential students have been engaging in activities that focus on making choices together as a flat and individually for their newly decorated bedrooms.

One of the activities the students really enjoyed was pancake day. The students chose their topping of choice for Shrove Tuesday, they all enjoyed eating them too!

Some of the students have begun to add some personalisation to their bedrooms this week by decorating their walls with bedroom stickers they chose, selecting what sticker they wanted and where they wanted it to go.

We have also enjoyed the inflatable canoe that provides a feeling of deep pressure, the students have enjoyed rocking side to side, laying in it with their quilts and simply taking a moment in it to relax.

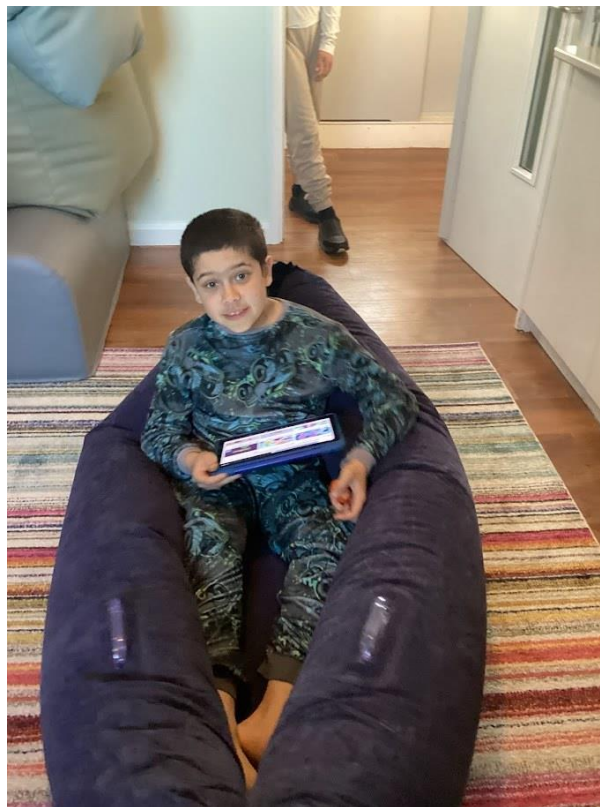
Lastly we participated in World Book Day activities, the students really enjoyed the different sensory materials from rolling and shaping the playdough to sticking the buttons on the paper gingerbread man.

Next week we are planning to create bird feeders using apples and seeds, and create our own cress egg heads. This is part of British science week which is themed around 'change and adapt.

We also plan on visiting the donkeys to feed them, and will finish off the week with The Very Hungry Caterpillar yoga adventure, to encourage learning the importance of healthy eating as well as gaining the physical benefits of yoga!

Have a lovely weekend

The Kingsgate Team













3 - Spotlight on Christina

My name is Christina, I have worked at Stone Bay School for 5 years and I am a teaching assistant in Owl Class.

The thing I love most about my job is working with our amazing pupils, seeing their progress and their development. Coming to work and seeing them happy makes me happy 😊

Our Vision, Mission & Values



*Our school vision is to provide an **outstanding, nurturing, learning environment**, where all our pupils can achieve their full potential and progress to lead happy and fulfilling lives.*

*Our mission is to provide each and every pupil with the best possible education, delivered in an environment that is supportive, caring and safe. **“Getting it right for every pupil”***

*At Stone Bay we focus on **Evolving Excellence** in all that we do, working towards making our school the best it can be for pupils, staff and families. We are creating lasting **Trust** with all our stakeholders, **Empowering** each other to learn and grow. By adhering to policies and clear processes we ensure **Fairness** and transparency in our decision making and actions, whilst ensuring we are **Collaborating** with others and always looking for ways to help each other to deliver excellence for our pupils.*

[Click here for our term dates](#)

Mindful March 2025

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Set an intention to live with awareness and kindness	2 Notice three things you find beautiful in the outside world	3 Start today by appreciating your body and that you're alive	4 Notice how you speak to yourself and choose to use kind words	5 Bring to mind people you care about and send love to them	6 If you find yourself rushing, make an effort to slow down	7 Take three calm breaths at regular intervals during your day
8 Eat mindfully. Appreciate the taste, texture and smell of your food	9 Take a full breath in and out before you reply to others	10 Get outside and notice how the weather feels on your face	11 Stay fully present while drinking your cup of tea or coffee	12 Listen deeply to someone and really hear what they are saying	13 Pause to watch the sky or clouds for a few minutes today	14 Find ways to enjoy any chores or tasks that you do
15 Stop. Breathe. Notice. Repeat regularly	16 Get really absorbed with an interesting or creative activity	17 Look around and spot three things you find unusual or pleasant	18 Have a 'no plans' day and notice how that feels	19 Cultivate a feeling of loving-kindness towards others today	20 Focus on what makes you and others happy today	21 Listen to a piece of music without doing anything else
22 Notice something that is going well, even if today feels difficult	23 Tune into your feelings, without judging or trying to change them	24 Appreciate your hands and all the things they enable you to do	25 Focus your attention on the good things you take for granted	26 Choose to spend less time looking at screens today	27 Appreciate nature around you, wherever you are	28 Notice when you're tired and take a break as soon as possible
29 Choose a different route today and see what you notice	30 Mentally scan your body and notice what it is feeling	31 Discover the joy in the simple things of life				

ACTION FOR HAPPINESS **Happier · Kinder · Together**