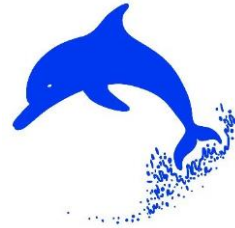


Stone Bay School Lunch Menu

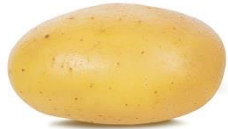
Terms 1, 2 & 3



Allergen	Allergen Abbreviation
Gluten	G
Milk	M
Egg	E
Fish	F
Celery	C
Soya Beans	SB
Sesame	S
Lupin	L
Sulphites	Su
Mustard	Mu
Crustacean	Cr
Molluscs	Mo
Nuts	N
Peanuts	P
Dairy	D

Jacket Potatoes & Sandwiches/Baguettes/Rolls on menu every day subject to availability

Jacket Potatoes



Filling	
Cheese	Dairy
Tuna	F
Baked Beans	

Sandwiches/Baguettes/Rolls



White Bread/Baguettes & Rolls	G, SB
Cheese	M, D
Ham	
Butter	D

Week 1	Monday		Tuesday		Wednesday		Thursday		Friday	
Main choice Or Vegetarian Choice	Pork Sausage Or Vegetarian Sausage	G G E	Mild Chicken Curry Or Sweet Potato Curry	C C	Roast Chicken with Stuffing Or Cheese and Broccoli Quiche	G G D E M	Pasta Bolognese with Cheese Or Pasta Bolognese with Cheese (Quorn)	G D G D E	Breaded Fish Or Vegetarian Nuggets	G F E G S D E
2 nd Choice	Tomato Ketchup and Salmon Fishcake	G F E	Cheese and Ham Pasta Bowl	G D C	Meatloaf with BBQ Sauce	G E	Spicy Shepherd's Pie	G	Breaded Chicken Breast	C E S G D
Side Dish	Hash Browns or New Potatoes		Rice or New Potatoes		Roast Potatoes or New Potatoes		Garlic Bread	G D	Chips or New Potatoes	
Vegetables	Baked Beans Or Tinned Tomatoes		Mixed Vegetables		Selection of Vegetables		Mixed Vegetables		Baked Beans or Peas	
Dessert	Ginger Cake Or Piece of Fresh Fruit or Yoghurt	G E D	Apple Flapjack Or Piece of Fresh Fruit or Yoghurt	G D	Fruit Jelly Or Piece of Fresh Fruit or Yoghurt	D	Beetroot Cocoa Brownie Or Piece of Fresh Fruit Or Yoghurt	G E D	Oat Cookie Or Piece of Fresh Fruit Or Yoghurt	G D

Salad (C) and/or Bread (G) available daily on request

Week 1 commences on: 02/09/24, 23/09/24, 14/10/24, 04/11/24, 25/11/24, 16/12/24, 06/01/25, 27/01/25, 24/02/25, 17/02/25

Week 2	Monday		Tuesday		Wednesday		Thursday		Friday	
Main Choice Or Vegetarian Choice	Burger in a Bun with Cheese Or Veggie Burger in a Bun with Cheese	G D G D E	Chicken Savoury Rice Or Vegetable Savoury Rice		Roast Gammon with Yorkshire Pudding Or Macaroni Cheese	G E G D M	Chilli Or 5 Bean Chilli		Breaded Fish Or Vegetarian Sausage	G F G E
Second Option	Cheese and Tomato Whirl	G D	Tuna Pasta Salad Bowl	F G C	Chicken Rissole	G E	Oriental Chicken and Vegetables		Sticky Chicken Wrap	S SB G
Side Dish	Potato Wedges or New Potatoes		Naan Bread	G	Roast Potatoes or New Potatoes		Rice or Jacket Potato		Chips or New Potatoes	
Vegetables	Peas or Sweetcorn		Mixed Vegetables		Selection of Vegetables		Peas or Sweetcorn		Peas or Baked Beans	
Dessert	Apple Berry Fool Or Piece of Fresh Fruit Or Yoghurt	D D	Banana Bread Or Piece of Fresh Fruit Or Yoghurt	G E D	Apricot Custard Tart Or Piece of Fresh Fruit Or Yoghurt	G E D D	Carrot Cake Or Piece of Fresh Fruit Or Yoghurt	G E D	Chocolate Cookie Or Fresh Fruit Or Yoghurt	G E D

Salad (C) and/or Bread (G) available daily on request

Week 2 commences on: 09/09/24, 30/09/24, 21/10/24, 11/11/24, 02/12/24, 13/01/25, 03/02/25, 03/03/25, 24/03/25

Week 3	Monday		Tuesday		Wednesday		Thursday		Friday	
Main Option Or Vegetarian Option	Meat Feast Pizza with Hidden Veg Sauce Or Margherita Pizza with Hidden Veg Sauce	G D G D	Greek Meatballs in Sweet Pepper Sauce Or Tomato Pasta with Cheese	G E G D	Roast Pork with Stuffing Or Mexican Cheese and Bean Quesadilla	G G D	Breaded Chicken in Pitta Bread Or Quorn Nuggets in Pitta Bread	G G D M	Breaded Fish Or Vegetable Grill	G F G E
Second Option	Vegetable Frittata	E M	Chicken Salad Pasta Bowl	G C	Chicken Balti Pie	G E	Mac n Cheese Loaded with Mexican Pork	G D M	Chicken Fajita	G
Side Dish	Potato Wedges or New Potatoes		Garlic Bread	G D	Roast Potatoes or New Potatoes		Potato Wedges or New Potatoes		Chips or New Potatoes	
Vegetables	Peas or Sweetcorn		Mixed Vegetables		Selection of Vegetables		Peas or Sweetcorn		Baked Beans or Peas	
Dessert	Summer Berry Yoghurt Crunch Or Piece of Fresh Fruit Or Yoghurt	D G D	Apple and Banana Cake Or Piece of Fresh Fruit Or Yoghurt	G E D	Iced Sponge Or Piece of Fresh Fruit Or Yoghurt	G E D	Fruit Jelly Or Piece of Fresh Fruit Or Yoghurt	D	Gingerbread Person Or Piece of Fresh Fruit Or Yoghurt	G D

Salad (C) and/or Bread (G) available daily on request

Week 3 Commences on: 16/09/24, 07/10/24, 28/10/24, 18/11/24, 09/12/24, 20/01/25, 10/02/25, 09/03/25, 31/03/25