

| Allergen | Allergen Abloreviation |
| :---: | :---: |
| Gluten | G |
| Milk | M |
| Egg | E |
| Fish | F |
| Celery | C |
| Soya Beans | SB |
| Sesame | S |
| Lupin | L |
| Sulphites | Su |
| Mustard | Mu |
| Crustacean | Cr |
| Molluscs | Mo |
| Nuts | N |
| Peanuts | P |
| Dairy | D |

## Jacket Potatoes

## Filling

Cheese Dairy
Tuna F

Baked Beans

## Sandwiches

## Baguettes \& Rolls

| Breads |  | Fillings |  |
| :--- | :--- | :--- | :--- |
| White <br> Bread/ | $\mathbb{G}_{0}$ SB | Cheese | $\mathbb{M}$, Dairy |
| Baguettes <br> \& Rolls |  |  |  |


|  | Ham |  |
| :--- | :--- | :--- |
|  | Butter $\quad$ Dairy |  |

Selected Jacket Potatoes/ Sandwiches/ Baguettes and Rolls are subject to availability

## Stone Bay School Menu

| Week 1 | Monday |  | Tuesday |  | Wednesday |  | Thursday |  | Friday |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Main Choice | Pork or Quorn Sausages | $\begin{aligned} & \text { G,Su } \\ & \text { G,Su, } \\ & \text { SB } \end{aligned}$ | Savoury <br> Chicken or <br> Vegetable Rice |  | Roast Chicken with Stuffing or Quorn Fillet | G E | Pasta <br> Bolognese or Quorn Bolognese with Cheese | G,D,Su G.d,E | Breaded <br> Fish or <br> Vegetable <br> Nuggets | F,G G,Mu |
| 2nd Choice | Home Made <br> Salmon \& Ketchup Fish cake | G,E,F | Cheese \& Ham Salad Pasta Bowl | $\mathrm{G}, \mathrm{D}, \mathrm{E}$ | Meat Loaf with BBQ Sauce | $\mathrm{G}, \mathrm{E}$, <br> $\mathrm{Mu}, \mathrm{Su}$ | Sweet \& Sour <br> Chicken with Noodles | G | Breaded <br> Chicken <br> Breast | G,Mu |
| Side Dish | New Potatoes or Hash Brown | G,D | Naan Bread | G | Roast Potatoes or New Potatoes |  | Garlic Bread | G,D | Chips |  |
| Vegetables | Baked Beans or Tinned Tomatoes |  | Mixed Veg |  | Selection of Veg |  | Mixed Veg |  | Peas or Baked Beans |  |
| Dessert |  <br> Peaches or Fresh <br> Fruit or <br> Yoghurt | D | Chocolate <br> Beetroot <br> Brownie or <br> Fresh Fruit or Yoghurt | G,D,E <br> D | Iced Bun or Fresh Fruit or Yoghurt | G,E <br> D | Apple Muffin or Fresh Fruit or Yoghurt | D | Oat Cookie or Fresh Fruit or Yoghurt | G D |

## Stone Bay School Menu

\begin{tabular}{|c|c|c|c|c|c|c|c|c|c|c|}
\hline Week 2 \& Monday \& \& Tuesday \& \& Wednesday \& \& Thursday \& \& Friday \& \\
\hline Main Choice or Vegan Choice \& \begin{tabular}{l}
Homemade Meat \\
Feast or Margarita Pizza
\end{tabular} \& \[
\begin{aligned}
\& \mathrm{G}, \mathrm{D}, \\
\& \mathrm{Mu}
\end{aligned}
\] \& Mild Chicken or Vegetable Curry with Rice \& \& Roast Gammon with Yorkshire Pudding or Carrot \& Lentil Loaf \& \begin{tabular}{l}
G,E \\
G,E
\end{tabular} \& Meatballs with Tomato Pasta or Tomato Pasta with Cheese \& \begin{tabular}{l}
G,E, \\
Mu \\
G,D
\end{tabular} \& \begin{tabular}{l}
Jumbo \\
Breaded \\
Fish or \\
Vegetable \\
Fingers
\end{tabular} \& G,F

G <br>

\hline 2nd Choice \& Pepper \& Sweetcorn Frittata \& $$
\begin{aligned}
& \text { G,D, } \\
& M u
\end{aligned}
$$ \& Tuna Salad Pasta Bowl \& G,F \& Macaroni Cheese with Bacon \& \[

$$
\begin{aligned}
& \mathrm{G}, \mathrm{D}, \\
& \mathrm{Mu}
\end{aligned}
$$

\] \& Sausage Hot Pot \& G,Mu \& | Chicken |
| :--- |
| Fajita | \& G,Mu <br>

\hline Side Dish \& New Potatoes or Potato Wedge \& \& Garlic Bread \& G,D \& Roast Potatoes or New Potatoes \& \& Garlic Bread \& G,D \& Chips \& <br>

\hline Vegetables \& | Baked Beans or |
| :--- |
| Tinned To- |
| matoes | \& \& | Mixed |
| :--- |
| Vegetables | \& \& Selection of Vegetables \& \& Sweetcorn or Peas \& \& | Peas or |
| :--- |
| Baked |
| Beans | \& <br>


\hline Dessert \& Iced Sponge or Fresh Fruit or Yoghurt \& | G,E,D |
| :--- |
| D | \& | Lemon |
| :--- |
| Sponge or Fresh Fruit or Yoghurt | \& | G,E |
| :--- |
| D | \& Carrot Cake or Fresh Fruit or Yoghurt \& | G,E, Su |
| :--- |
| D | \& | Blueberry |
| :--- |
| Muffin or |
| Fresh Fruit or Yoghurt | \& G,E

D \& | Ginger |
| :--- |
| Bread Man |
| or Fresh |
| Fruit or |
| Yoghurt | \& G

D <br>
\hline
\end{tabular}

## Stone Bay School Menu

\begin{tabular}{|c|c|c|c|c|c|c|c|c|c|c|}
\hline Week 3 \& Monday \& \& Tuesday \& \& Wednesday \& \& Thursday \& \& Friday \& \\
\hline Main Choice or Vegan Choice \& Homemade Burger in a Roll or Homemade Vegetable Burger in a Roll \& \[
\begin{aligned}
\& \mathrm{G}, \mathrm{D}, \mathrm{Su} \\
\& \mathrm{G}, \mathrm{D}
\end{aligned}
\] \& Beef Chilli or Quorn Chilli with Rice \& G,Su \& \begin{tabular}{l}
Roast Pork with Stuffing or \\
Macaroni Cheese
\end{tabular} \& \begin{tabular}{l}
G \\
G,D,Mu
\end{tabular} \& \begin{tabular}{l}
Chicken in \\
Pitta Bread or \\
Falafel in Pitta \\
Bread
\end{tabular} \& G,Mu
G \& \begin{tabular}{l}
Breaded \\
Fish or \\
Vegetarian \\
Sausage
\end{tabular} \& G,Mu
G, Mu \\
\hline 2nd Choice \& Cheese \& Tomato Whirl \& \& Chicken Salad Pasta Bowl \& G,E \& Chicken Rissole \& G,E \& Quiche \& G,D,E \& \begin{tabular}{l}
Chicken \\
Enchiladas
\end{tabular} \& G, D \\
\hline Side Dish \& Hash Browns or New Potatoes \& \& Naan Bread \& G \& Roast or New Potatoes \& \& Potato Wedges or New Potatoes \& G \& Chips \& \\
\hline Vegetables \& Peas or Sweetcorn \& \& \begin{tabular}{l}
Mixed \\
Vegetables
\end{tabular} \& \& Selection of Vegetables \& \& Peas or Sweetcorn \& \& \begin{tabular}{l}
Peas, Baked \\
Beans and Salad
\end{tabular} \& \\
\hline Dessert \& Summer Fruit Yoghurt Crunch or Fresh Fruit or Yoghurt \& D,G

D \& Fruit Flapjack or Fresh Fruit or Yoghurt \& G

D \& Victoria Sponge or Fresh fruit or Yoghurt \& \begin{tabular}{l}
G,E <br>
D

 \& Banana Muffin or Fresh Fruit or Yoghurt \& 

G,E <br>
D

 \& 

Chocolate <br>
Biscuit or <br>
Fresh <br>
Fruit or <br>
Yoghurt
\end{tabular} \& G,D,E

D <br>
\hline
\end{tabular}

